



LUMA HOMEOWNERS ASSOCIATION

GYM RULES – EARLY MORNING USE

1. The gym will be open during the early morning hours of 3:00 a.m. – 5:00 a.m.
2. Residents who have already signed a gym waiver will be allowed access to the gym during this time through the front desk staff only, and not through use of their FOBs.
3. During these early hours, gym users need to be particularly quiet as a courtesy to surrounding residents.
4. To ensure that the level of noise is kept to a minimum, the following guidelines apply during these early morning hours:
 - a. TV volume must remain low. Use of ear phones is recommended while using the cardio machines
 - b. No slamming or dropping of weights, both free weights and machine weights.
 - c. Talking should be kept to a minimum and with quiet voices, both in and around the gym.
 - d. Talking on mobile phones should be limited, and only in a quiet voice.
5. If the Board determines, in its discretion, that any piece of gym equipment, exercise routine, or other gym conduct is causing unreasonable levels of noise, then the Board may restrict the use of these items and/or behavior during these early morning hours.
6. The Board may also suspend a resident's use of the gym during these hours if the Board determines, in its sole discretion, that a resident is creating excessive noise or is otherwise causing an unreasonable disturbance, after notice and hearing.